

Pleasant Valley School District

Instructions for Sports Physicals and Athlete Registration

The PIAA requires that a Comprehensive Initial Pre-Participation Physical Evaluation (CIPPE) be done for all students who will participate in sports for a school term. **Physicals must be signed/dated ON or AFTER June 1, 2020 for the 2020-2021 school year.**

IMPORTANT CHANGES FOR THE 2020-2021 ATHLETIC CLEARANCE PROCESS

The athlete/guardian MUST print, fill out, and sign Section 5: Health History of the CIPPE form PRIOR to being seen by a physician for your Section 6 pre-participation physical. You MUST bring your completed Section 5 and blank Section 6 to your physical appointment in order to be evaluated by a physician. Additionally, BOTH completed Sections 5 and 6 must be turned in to the Athletic Trainers OR uploaded to your child's FamilyID registration.

If an athlete participated in a 2020-21 FALL sport, they DO NOT need to complete/submit a new CIPPE or Section 7: Re-certification. Completion of the 2020-21 Winter Sport FamilyID Registration is equivalent to a re-certification.

Physicals

1. Print ONLY Sections 5 and 6 of the CIPPE form. Sections 1-4 are filled out via FamilyID. Both sections can be found [HERE](#) or on the PIAA website.
2. Section 5: Health History MUST be filled out and signed by both the athlete and parent/guardian PRIOR to the actual physical evaluation.
3. Bring your COMPLETED and SIGNED Section 5 AND your blank Section 6 form to your physical appointment. Section 6 must be completed and signed by the physician ON or AFTER June 1, 2020.
4. Once both Sections 5 and 6 of the CIPPE are COMPLETED and SIGNED, you may hand in physical copies of BOTH documents to the athletic trainers OR upload scans of BOTH documents to FamilyID.

FamilyID Sign-up/Register for a Sport

FIRST-TIME REGISTRATION

1. Create an account with www.familyid.com. In the search box, type, "Pleasant Valley School District" and our registration page will display. Once selected, click "Winter Athletic Program 2020-2021" to begin the registration process.
2. Read the instructions carefully, then follow the prompts to complete the registration.

PREVIOUSLY REGISTERED

1. If you have already registered a family member for a previous season, login and select the appropriate program. Your previous information should populate in the form.
2. Update the form with any changes, re-sign the agreements/policies, and submit the registration.

