

Morning Announcements

Today is Wednesday November 21st

Day 3

Of the 6 day cycle



Weight Lifting Intramurals will start on Wednesday, November 28th from 2:45 – 4:45. Intramurals will be held on Mondays, Wednesdays, and Thursdays. Intramural forms must be turned into Coach Stefani or Coach Myers before you can participate. These forms are available in the main office.