

Pleasant Valley School District High School – Calorie Counts

Bagel Plain w/ Cream Cheese & Jelly	197
Bagel Raisin w/Cream Cheese & Jelly	237
Bar Granola Apple Cinnamon	160
Bar Granola Blueberry	160
Cereal Kit Lucky Charms	255
Cereal Kit Trix	255
Chicken Fries w/WG Roll	221
Chicken Hot & Spicy Patty on a WG Roll	351
Chicken Patty on a WG Roll	340
Chicken Quesadilla Pizza	320
Chicken Rice Soup	112
Chicken Veg Soup w/Tomatoes	85
Chilli Con Carne with Beans	66
Chunky Chicken Chilli	44
Dutch Waffles	300
Firecracker Pork	341
Ham & Egg Wrap	180
Ham & Sausage Wrap	180
Mrs T's Pierogie (3pc)	260
Muffin Chocolate w/Yogurt	270
PBJ w/Cheese Stick	388
Pizza 4x6 Cheese	350



Pizza Bacon, Egg & Cheese	210
Pizza Big Daddy	340
Pizza Chicken Quesadilla	320
Pizza Fiestada	410
Pizza French Bread	280
Pizza Kasa	390
Pizza Mickeys	320
Pizza Mickey's Pepperoni	410
Pizza Personal Pan 5"	340
Pizza Stuffed Crust	340
PopTart Blueberry Frosted WG	180
PopTart Fdge Frosted WG	190
Potato Baby Cakes	100
Potato Baked Fries	150
Potato Baked Fries Curly	130
Potato Baked Wedges	160
Potato Hashbrown	100
Potato Roasted	100
Potato Sweet Potato Coins	130
Rib B Ques Sandwich	310
Sandwich Cheeseburger	379
Sandwich Corn Dog	300
Sandwich Ham & Cheese on a Pretzel Bun	313
Sandwich Ham & Cheese on WG Bun	283
Sandwich Hot Dog on a WG Roll	342



Sandwich Meatballs on WG Roll	350
Sandwich Pork BBQ	328
Sandwich PV Burger	312
Sandwich Sloppy Joe R/F	275
Sandwich Toasted Cheese	286
Vegetable Corn	100
Vegetable Peas	60

