Daily Resource Guide
COVID-19 Operations
Street2Feet Outreach Center
130 N. 1st Street, Suite 102
Stroudsburg, PA 18360
Phone: 570-369-1299
Monday
Street 2 Feet Outreach Center-

- **Day Center** - from 10:00am-2:00pm. **Shower Day: first come, first serve.** Case Management, mail, application assistance, & computer/phone access. Located at 130 N. 1st Street Suite 102, Stroudsburg, PA 18360, 570-369-1299.
- **The Mountain Center** - CLOSED

**Food Pantry(s)**-

- **P.U.M.P**- located at 100 Division Street, Portland, PA 18351 Mondays only from 10am-11:30am and 6pm-7:30pm
- **C.A.M.E**- located at Route 447 High Acres Park, Canadensis, PA 18325 from 8:30am-12pm food is brought to the parking lot, no one allowed in the building
- **Top of the Mountain Ecumenical Network at Five Loaf House**- located at 133 Firehouse Road, Pocono Pines, PA 18530. **2nd Monday of the month** from 8:30am-11:30pm and 12:30pm-2pm. By appointment after these hours. **Call before to confirm dates.** 570-646-7456. Proof of residency in Monroe County, proof of income, and birth certificates for your children required.

**Community Meal(s)**-

- **Salvation Army**- located at 226 Washington Street, East Stroudsburg, PA 18301. **Handing out bagged breakfasts and lunches from 10am-12pm.** Call 570-421-3050 for more information, open for emergency food through online application.
• **East Stroudsburg United Methodist Church**- located at 83 South Courtland Street, East Stroudsburg, PA 18301 from 2:30-4:30pm. To-Go boxes only. Use back door of gymnasium to pick-up, masks will be provided to those that need them.

• **Pleasant Valley Assembly of God**- located at 1086 Weir Lake Road, Brodheadsville, PA 18322. 4pm-5:30 pm. *(Except if schools are closed)*

**Clothing Closet(s)-**

• **Pleasant Valley Assembly of God**- located at 1086 Weir Lake Road, Brodheadsville, PA 18322. 4pm-5:30 pm. *(Except if schools are closed)*

**DMV-**

• CLOSED
Tuesday
Street 2 Feet Outreach Center-

- **Day Center**- from 10:00am-2:00pm. **Laundry Day: first come, first serve.—limit 1 load per client.** Case management, mail, application assistance, & computer/phone access. Located at 130 N. 1st Street Suite 102, Stroudsburg PA 18360. 570-369-1299.

- **The Mountain Center**- CLOSED

Food Pantry(s)-

- **Pleasant Valley Ecumenical Network**- located at 2334 Route 209, Sciota, PA 18354, from 9am-11am. 570-992-3136. Food pre-bagged and served through drive thru system. (West End residents only, must call at least a day ahead and be registered with them, willing to other day by appointment)

- **Lighthouse Full House Gospel Church of God**- located at 700 Hammond Lame, Stroudsburg, PA 18360. 1st and 3rd Tuesday of the month from 4pm-6pm. (Excluding Holidays) (Emergency food also available by appointment) Call 570-420-8196. (PA ID required)

- **Swiftwater Food Pantry**- located at 129 Lower Swiftwater Rd, Swiftwater, PA 18370. 9am-11am, drive-thru only

Community Meal(s)-

- **Salvation Army**- located at 226 Washington Street, East Stroudsburg, PA 18301. **Bagged breakfasts and lunches from 10am-12pm.** Call 570-421-3050 for more information, open for emergency food through online application.
- **Lighthouse Full House Gospel Church of God**- located at 700 Hammond Lame, Stroudsburg, PA 18360. **Free Soup Kitchen Meals. 1st and 3rd Tuesday of the month** from 4pm-6pm. *(Excluding Holidays)* *(Emergency food also available by appointment)* Call 570-420-8196. *(PA ID required)*

**DMV**-
- 4218 Manor Dr., Stroudsburg, PA 18360
- 8:30am-4:15pm

**Support Group(s)** –
- **Lymphoma/Leukemia/Blood Related Cancer Patient & Family**—located at the Dale and Hughes Cancer Center the **3rd Tuesday of each month** beginning at 5:30pm If you are interested please contact Lynne Steele 570-422-1860.

**Wednesday**
Street 2 Feet Outreach Center-

- **Day Center**- from 10:00am-2:00pm. **2nd Wednesday = Toiletry Distribution. 3rd Wednesday = Outreach Supply Distribution.** Case management, mail, application assistance, & computer/phone access. Located at 130 N. 1st Street Suite 102, Stroudsburg PA 18360. 570-369-1299.

- **The Mountain Center**- CLOSED

Food Pantry(s)-

- **Pleasant Valley Ecumenical Hunger Ministry**- located in the Coolbaugh Municipal Building Complex basement at 1447 Sterling Road, Tobyhanna, PA 18466. **1st Wednesday of the month** from 9am-12pm. 570-894-2072. *(Residents of Pocono Township, Borough of Mt. Pocono, Coolbaugh Township, and parts of Paradise and Tobyhanna Townships. Income guidelines Apply-ID/Proof of Residency Required)*

- **Innovation Church**- located at 6048 Paradise Valley Road Route 940, Cresco, PA 18326 – **CLOSED TILL FURTHER NOTICE**

Community Meal(s)-

- **Salvation Army**- located at 226 Washington Street, East Stroudsburg, PA 18301. **Bagged breakfasts and lunches 10am-12pm.** Call 570-421-3050 for more information, open for emergency food through online application
• **Mountain Home United Methodist Church** - located at Route 390 Mountain Home, PA 18342 from 12pm-1pm every Wednesday. 570-595-2077

• **Shawnee Inn** - located at 1 River Road Shawnee on the Delaware every other week from November-March from 5pm-6:30pm (bus will pick up at 4:30 on Ann Street) 570-424-4000 *(Dates very call)* 610-681-6137

• **Our Lady Queen of Peace Church** —located at 1402 Route 209 Gilbert, PA 18331. 3rd Wednesday of every month 12:30pm – 2:00pm. *(Dates Vary Call)*. 610-681-6137.

**Clothing Closet(s)**-

• **Seventh day Adventist Community Wellness Center** - located at 2023 West Main Street Stroudsburg, PA 18360 from 1st, 3rd, and 5th Wednesday 9am-12pm. 570-476-0039

• **Nehemiah Center (Christian Life Assembly)** —located at 2209 West Main Street, Stroudsburg, PA 18360. From 9:00am-12:00 pm. *(By Appointment Only)* and 5:00pm-6:00pm *(Walk-In)* Please call 570-424-1179.

• **Stroudsburg Wesleyan Church** —located at 915 5th Street Stroudsburg, PA 18360 from 4:00-6:00pm. 570-421-0750.

**DMV**-

• 4218 Manor Dr., Stroudsburg, PA 18360
• 8:30am-4:15pm
• Between 8:30am-10:30am, there will be designated times for customers 60 years or older
Thursday
Street 2 Feet Outreach Center-

- **Day Center**- from 10:00am-2:00pm. **Shower Day: first come, first serve.** Case Management, mail, application assistance, & computer/phone access. Located at 130 N. 1st Street Suite 102, Stroudsburg, PA 18360, 570-369-1299.
- **The Mountain Center**- from 11:00-3:30pm. Case Management, mail, application assistance. Located at 534 Rt. 611, Room 14, Tobyhanna PA 18466. (570) 894-3272 x 133
Food Pantry(s)-

- **Innovation Church**- located at 6048 Paradise Valley Road Route 940, Cresco, PA 18326 – CLOSED TILL FURTHER NOTICE

- **Salvation Army**- located at 226 Washington Street, East Stroudsburg, PA 18301. **SUSPENDED UNTIL FURTHER NOTICE.** Call 570-421-3050 for more information, open for emergency food through online application.

- **Feeding Families Ministry**- located at 354 Route 611, Tobyhanna, PA. 1pm-3pm. Please stay in your car and someone will come out and give further instruction. *Have a valid PA ID and a current bill with an address that matches your ID.*

- **Swiftwater Food Pantry**- located at 129 Lower Swiftwater Rd, Swiftwater, PA 18370. 9am-11am, drive-thru only

- **St. Paul’s Lutheran Church of Smithfield**- located at 139 Craig’s Meadow Road East Stroudsburg, PA 18301. *Due to covid-19 food pantry dates are posted online, call 570-223-9422 for more info, leave a message and someone will get back to you

Community Meal(s)-

- **Salvation Army**- located at 226 Washington Street, East Stroudsburg, PA 18301. **Bagged breakfasts and lunches 10am-12pm.** Call 570-421-3050 for more information, open for emergency food through online application.
• St. Paul’s Lutheran Church of Smithfield- located at 139 Craig’s Meadow Road East Stroudsburg, PA 18301. *Due to covid-19 food pantry dates are posted online, call 570-223-9422 for more info, leave a message and someone will get back to you*

• Reform Church of Bushkill- located at 5969 Milford Road from 5pm-7pm 570-588-6773

• Stroudsburg Wesleyan Church- located at 915 N 5th St Stroudsburg, PA 18360, 12pm-1pm

• West End Missions- (at Queen of Peace Church) 1402 Route 209 Gilbert, PA, 18331 on 2nd and 4th Thursday of the month from 4:30pm-5:45pm. 610-681-7735

DMV-

• 4218 Manor Dr., Stroudsburg, PA 18360
• 8:30am-4:15pm
• Between 8:30am-10:30am, there will be designated times for customers 60 years or older

Support Group(s) –

• US Too Prostate Support Group—located at the Dale & Francis Hughes Cancer Center on the 3rd Thursday of the month at 7:00pm 570-422-1700
Friday
Street 2 Feet Outreach Center-

- **Day Center**- from 10:00am-2:00pm. **Laundry Day: first come, first serve—limit 1 load per client.** Case management, mail, application assistance, & computer/phone access. Located at 130 N. 1st Street Suite 102, Stroudsburg PA 18360. 570-369-1299.

- **The Mountain Center**- from 11:00-3:30pm. Case Management, mail, application assistance. Located at 534 Rt. 611, Room 14, Tobyhanna Pa 18466. (570) 894-3272 x 133
Food Pantry(s)-

- **Innovation Church**- located at 6048 Paradise Valley Road Route 940, Cresco, PA 18326 – CLOSED TILL FURTHER NOTICE
- **Stroudsburg Wesleyan Church**- located at 915 5th Street on the 1st and 3rd Friday of the month 570-421-0750
- **Feeding Families Ministry**- located at 354 Route 611, Tobyhanna, PA. 1pm-3pm. Please stay in your car and someone will come out and give further instruction. *Have a valid PA ID and a current bill with an address that matches your ID.*
- **Greater Shiloh Church**- located at 831 B Ann Street, Stroudsburg, PA 18360. Every 1st and 3rd Friday 2pm-5pm, *drive through only, no identification required.*

Community Meal(s)-

- **Salvation Army**- located at 226 Washington Street, East Stroudsburg, PA 18301. *Serving bagged breakfasts and lunches from 10am-12pm.* Call 570-421-3050 for more information, open for emergency food through online application.
- **Greek Orthodox Church**-located at 135 Stokes Avenue, Stroudsburg, PA on 4th and 5th Friday of the month at 5pm. 570-421-5734
- **Holy Trinity Orthodox Church**- located at 1501 Trinity Circle Stroudsburg, PA on the 2nd Friday of the month at 5pm (Dates vary-call) (*Transportation available from Hughes Library. Call to confirm*) 570-421-4455
Clothing Closet(s)-

- **Greater Shiloh Church**- located at 831 B Ann Street, Stroudsburg, PA 18360. **2nd Friday of the month** begins at 1:30pm. *(No ID required)* 570-872-9577

DMV-

- 4218 Manor Dr., Stroudsburg, PA 18360
- 8:30am-4:15pm
Saturday
Street 2 Feet Outreach Center-

- **Day Center** - from 10:00am-2:00pm. **Shower Day: first come, first serve.** Case Management, mail, application assistance, & computer/phone access. Located at 130 N. 1st Street Suite 102, Stroudsburg, PA 18360, 570-369-1299.

- **The Mountain Center** - CLOSED
Food Pantry(s)-

- **Swiftwater Food Pantry**- located at 129 Lower Swiftwater Rd, Swiftwater, PA 18370. 9am-12pm, drive-thru only
- **Pocono Mountain Ecumenical Hunger Ministry**- located in the Coolbaugh Municipal Building Complex basement at 1447 Sterling Road, Tobyhanna, PA 18466. **1st Saturday of the month** from 9am-12pm. 570-894-2072. *(Residents of Pocono Township, Borough of Mt. Pocono, Coolbaugh Township, and parts of Paradise and Tobyhanna Townships. Income guidelines Apply-ID/Proof of Residency Required)*
- **Effort United Methodist Church**- located at 178 Merwinsburg Road, Effort, PA 18330. Cancelled until further it is determined safe to reopen
- **Christ Episcopal Church**- located at 205 North 7th Street, Stroudsburg, PA 18360. Families allowed once **ONCE** per month, check website [https://christchurchstroudsburg.net/food-pantry/](https://christchurchstroudsburg.net/food-pantry/) for food pantry distributions. You can also email cecfoodpantry@gmail.com or text cceco to 81010 for updates.
- **West End Food Pantry- Eldred Community Center**- located at 516 Kunkletown Rd, Kunkletown, PA 18058. **1st and 3rd Saturday of the month** from 9am-12pm. (Dates vary-call) 570-992-3136 (West End Residents only. Bring your own bags)

Community Meal(s)-

- **St. Paul’s Lutheran Church of Smithfield**- located at 139 Craig’s Meadow Road East Stroudsburg, PA 18301. *Due to covid-19 food pantry dates are posted online, call 570-223-9422 for more info, leave a message and someone will get back to you*
- **Holy Trinity Orthodox Church**- located at 1501 Trinity Circle Stroudsburg, PA on the **last Saturday of the month** at 10am. (Dates vary-call) (Transportation available from Hughes Library. Call to confirm) 570-421-4455
- **St. Luke Roman Catholic Church**- located at 818 Main Street, Stroudsburg, PA 18360 from 1pm-2pm (the doors will close 1:05) (Restroom Unavailable) 570-421-9097
- **Reeders United Methodist Church**- located at 2167 Route 715 and Church Road, Reeders, PA 18352. **2nd Saturday of the month** from 4pm-6pm. 570-629-1712

**DMV**-
- 4218 Manor Dr., Stroudsburg, PA 18360
- 8:30am-4:15pm
Sunday

- Common Ground Ministries
- Stroudsburg Wesleyan Church
- Our Lady Queen of Peace
- Innovation Church
- Mady's Kitchen
- Stroudsburg United Methodist Church
- Seventh Day Adventist
Street 2 Feet Outreach Center-

- Day Center- CLOSED
- The Mountain Center- CLOSED

Food Pantry(s)-

- Common Ground Ministries- located 2054 Route 611, Swiftwater, PA 18370 (Desaki Restaurant) on the 4th Sunday of the month from 1pm-2pm. (No appointment Needed) 570-801-2699 (Emergency Food Available by Appointment. Monroe County Residents valid PA ID)
- Stroudsburg Wesleyan Church- located at 915 N 5th St Stroudsburg, PA 18360, 1st and 3rd Sunday of the month from 2pm-3pm. 570-421-0750

Community Meal(s)-

- Our Lady Queen of Peace- located at 1402 Route 209 on the 2nd and 4th week of the month from 3pm-4pm. 570-629-9443(Dates vary-call)
- Innovation Church- located at 6048 Paradise Valley Road Route 940, Cresco, PA 18326 on the 2nd Sunday of the month from 1pm. (Dates vary—call) (Pick-up at the Mt. Pocono Walmart at 12:30pm) Call 570-595-2000 to confirm
- Mady’s Kitchen at St. John’s Catholic Church- located at 5171 Milford Road on the last Sunday of the month from 4pm-7pm. 570-223-9144
- Stroudsburg United Methodist Church – located at 547 Main Street Stroudsburg 4:00pm-5:00pm 570-421-6020
• **Seventh Day Adventist**—located at 2023 West Main Street, Stroudsburg. **4th Sunday of the month** from 1:00pm-3:00pm. *(Dates vary—call) 570-476-0039.*

DMV-

• CLOSED
Food Assistance:

- **East Stroudsburg United Methodist Church** will pick up all meals when the Salvation Army is closed even on a Holiday. Breakfast at 10:00am; Lunch from 12:00pm-1:00pm; & Dinner beginning at 4:30pm. Call 570-421-3280

- **Oasis of Love Inc.**—Emergency Food Assistance—located at 814 Monroe Street- Suite201, Stroudsburg, PA 18360 *(By appointment only – ID Required)* call 570-972-0838
• **Supplemental Nutrition Assistance Program (SNAP)**—Food Stamps—located at 1972 West Main Street, Stroudsburg, PA 18360. 570-424-3030 or toll free 1-877-905-1495. *(Apply Online at [www.compass.state.pa.us](http://www.compass.state.pa.us))*


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**Clothing Assistance:**

• **Careerlink of Monroe County**—located at 2937 Route 611, Merchants Plaza, Tannersville, PA 18372. Monday thru Friday, from 8:00am-4:30pm. *(Interview/Career Attire, limited to 2 outfits—**Must be registered with Careerlink**)* 570-620-2850.

**Support Group(s)-**

• **Look Good/Feel Better for Women at the Dale & Francis Hughes Cancer Center or at the American Cancer** call 570-422-1700 for details

• **Bereavement Support Meetings at the VNA Hospice** call 570-421-1700 for details

• **Stress Reduction through Guided Imagery at the Dale & Francis Cancer Center** call 570-422-1700 and ask for Lynn Steele

• **American Cancer Society of Monroe County** *by appointment only* call 1-888-227-5445